

## PRODUCT CATALOGUE & PRICE LIST

### WHY FOHOW?

- **Founded in 1999**, FOHOW has years of experience in perfecting not only products that set the gold standard in the industry, but also a duplicable home-based business model that is stable in a good economic climate or bad. Under the direction FOHOW's solid and experienced management team, the company is positioned for a future of continued growth and success.
- **Health & Wellness-related businesses** have been one of the fastest growing segments in direct selling. Renowned economist, Paul Zane Pilzer identified wellness products and programs as the economy's next trillion-dollar industry. As a large portion of the world population ages, they are looking for products that make them look and feel better, and younger generations are looking for ways to maintain their health and energy levels to meet the needs of their busy lives. FOHOW is poised to meet those needs.
- **FOHOW's quality products** are formulated by a world-class scientific team based on cutting-edge, proven science and expertise in keeping cells healthy through optimal nutrition. The company also collaborates closely on research with the other notable institutions. Additionally, most products are manufactured and packaged in FOHOW's own state-of-the-art facility, allowing FOHOW to guarantee the quality and potency of every product.
- **FOHOW Business Fits Your Life** – It's your business. You work where, when, and how you want. Generally, if you put in a little bit of work, you'll earn a little bit of income. If you put in more work, your earnings will increase. And you'll be free from the typical work week irritations – no alarm clock, no schedule, no rush hour, traffic, and no boss.
- **Available for everyone** – No previous experience necessary. Training is provided, allowing you to earn as you learn, regardless of age, sex, background, or education.
- **Make a difference** – Like working with people? Help improve the quality of people's lives.
- **Worldwide Credibility** – FOHOW is present in 100 + countries, and has attracted people of all ages, genders, and education levels from across the globe. World-class athletes, best-selling authors, respected scientific institutions, leading health and wellness experts, and experienced business professionals across the globe have all recognized FOHOW's commitment to excellence.
- **FOHOW is behind you every step of the way.** You will receive expert training and have access to a wealth of tools to make your life easier: a full Associate-only Web site where you get the latest news, training, free downloads, and business management services; frequent Web

conferences; unforgettable events; eye-catching sales aids, professional multimedia productions; exciting publications; and much more. Our enthusiastic and experienced customer service team is available to help in several languages.

- **If you've always wanted to travel the world**, FOHOW is your ticket to a successful international business. FOHOW responsibly expands by choosing promising markets around the world in which to open for business. With our seamless compensation plan, you can build your organization in multiple countries without having to worry about different compensation plans or currency conversions. FOHOW takes care of everything while you work in exotic locations, discover exciting cultures, and make a world of new friends.

## HEALTH SUPPLEMENTS

---

PRODUCT NAME	CODE	QTY	MRP (₹)
FOHOW Linchzhi Spore Capsules	FH-LIN-100	100 caps	In process
FOHOW Haicao Gai Calcium Capsules	FH-CAL-100	100 caps	In process
FOHOW Gaoqian Nutritional Tablets	FH-GAO-180	180 tabs	In process
FOHOW Boss Tea (Liuwei Tea)	FH-TEA-40	40 bags	In process

## WELLNESS DEVICES & THERAPEUTIC EQUIPMENT

---

PRODUCT NAME	CODE	QTY	MRP (₹)
YANG-SHENG Meridian Massager	FH-YSM-01	1 unit	In process
Revitalizing Energetic Massager	FH-REM-01	1 unit	In process
Blood Circulation Machine (BCM)	FH-BCM-01	1 unit	In process
HYDROGEN WATER ACTIVATOR	FH-H2W-01	1 unit	In process
Graphene Waist Massager	FH-GIW-01	1 unit	In process
Graphene Shoulder Massager	FH-GIS-01	1 unit	In process
Thermal Waist Belt	FH-FTW-01	1 belt	In process
Thermal Neck Belt	FH-FTN-01	1 belt	In process



## PERSONAL CARE & HYGIENE PRODUCTS

---

PRODUCT NAME	CODE	QTY	MRP (₹)
FOHOW Sanitary Pad	FH-SAN-R	10 pads	In process
FOHOW Everyday Pad	FH-SAN-D	20 pads	In process
FOHOW Herbal Massage Oil	FH-OIL-200	200ml	In process
FOHOW Energy Balm	FH-BAL-30	30g	In process
SlimPower Capsules	FH-SLM-60	60 caps	In process
Active ProBio	FH-PRO-30	30 sachets	In process
Movement Plus	FH-MOV-60	60 tabs	In process
FOHOW Gloves (3.0)	FH-GLV-3.0	1 pair	In process

### FOHOW Everyday And Everynight Sanitary Napkins

FOHOW series of sanitary napkins are divided into daytime-use and night-use napkins types, and sanitary pads. They are high-tech and patented menstrual health and hygiene supplies for females which combine physical effects of nano-silver ions, far infrared and negative ion together. All these products are green natural, healthy and safe with unique efficacies of being antibacterial, dispelling peculiar smell, promoting the micro-circulation and maintaining the micro-ecological balance of body. In the special days, FOHOW series of sanitary napkins will give the most attentive care to all the ladies!

## CONTACT US

### **For Orders & Inquiries:**

C/O Ramesh Singh, FOHOWHealthcare Pvt Ltd  
+91-8802856563 | [dr.singh@fohow.com](mailto:dr.singh@fohow.com) | <https://india.hiwavo.com/>